



Guest Speaker Evening



with Michelle Stowe

Restorative Practice is a values-based way of being; it aims to consciously build relationships, respond to conflict in a healthy way and connect us to our best selves and to one another. The values of this philosophy inform how we think, engage, speak, listen and approach situations, all day, every day. The intention is to develop a culture of care and respect that allows people to flourish and maximizes engagement. Ultimately it is about connection to self and to others. The restorative practice approach is already in use in the school but can be applied to many situations at home too.

Michelle Stowe is a restorative practitioner, trainer and consultant. Michelle is committed to designing courses that support people to develop relationship building and communication skills. She is creating various restorative materials, including co-writing her new book, 'Connect RP', in order to support people to understand, embed and reflect on their use of restorative practice for themselves, in schools and beyond.

Thursday 7th February 8pm