



# SCOIL SAN TREASA

## Bí Cineálta (Pupil Version)

### Aims:

Our school has a Bí Cineálta policy to try to stop bullying behaviour. We want everyone at our school to feel safe, happy and to bí cineálta! We aim to make Scoil San Treasa a bully-free zone.

### What is bullying?

Bullying is repeated (happens more than once), hurtful (to body/feelings/things) and intentional (done on purpose).

### Forms of Bullying:

Bullying can occur in different forms such as physical (hitting/punching), verbal (name-calling), identity-based (racism, appearance, gender, religion, culture, homophobic), emotional (exclusion) and cyberbullying.

### Procedures:

When a teacher becomes aware of a suspected case of bullying, they will:

- talk with the student(s) who has been affected
- ask the student(s) what they want to happen
- talk to the student(s)' parents
- talk to the other student(s) involved
- talk with the other student's parents
- work out a plan together

### Review:

The school will look at this policy every year to see what is working well or what could work better.

### Key Messages:

1. Treat others the way they would like to be treated.
2. If you think you are being bullied, you need to tell a teacher or another trusted adult.
3. Bystanders can take action by telling a teacher or a trusted adult.